

## **CHAITRA VAD PANCHAM**

On this day, Jains try & do at least one 'mala' reciting:

"Om Hrim Shri Kunthunath Nathay Namah" Jains believe that their purpose in life is to discover their true selves by managing the four passions: anger, ego, deceit, and greed. They believe that a soul in spiritual purity is rid of these passions.

To avoid tension, stress, conflict, and worry, we must hold our desires lightly in the mind without any expectation or attachment. This becomes possible only when we are pure inside. When our minds are gripped by inertia or expectation, we tend to be obsessive about our desires. They possess us. When this happens, we develop cravings and addictions - raag & dwesh.

## Charlie Hogg, who lives in Australia writes:

"For someone on a spiritual journey, purity becomes an essential requirement. There is physical purity, where things are untainted and unspoiled, there is also moral purity, but spiritual purity is when I embed my thinking and feeling in truth. Then there is a clarity and a lightness of mind and cleanliness of attitude. Then I have a choice. I can choose to create a high quality of thought and feeling. The clearer my thinking is, the more automatic the state of peace inside.

Nothing now seems pure in our world. Self-interest, ulterior motives, deceit, false news, and fake sincerity are surging out of the collective mind of humanity, contaminating the atmosphere. Spirituality goes to the absolute seed of the influence of my thinking. My inner world is like a tree. There is a seed, the trunk and the branches and leaves. The leaves are the individual thoughts, far too many of them, and these thoughts are influenced by the seed, the sense of who I am. I contaminate all thoughts if I do not know who I am. The pure truth is that I am a spiritual being, a soul. When I maintain that awareness, then there is a pure quality of thought, which is joyous."

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<i>Know Your Tirthankara</i> Kunthunath Bhagwan – Seventeenth Tirthankara	
Mother	Shri Devi.
Family / Clan	lkshvaku
Born In	city of Hastinapur
Lanchan (Symbol)	Goat
Symbolic Colour	Golden Complexion
After attaining Samyak Darshan, Kunthunath took three bhavs to attain Moksha.	
Birth 1	as King Simhavah. After many years as King, he rescinded his kingdom and took diksha. He earned the Tirthankara-naam-gotra karma because of his vigorous penance and pure worship
Birth 2	As a celestial being
Birth 3	Kunthunath Bhagwan
Height	35 Bows



## Panch Kalyanaks

Chavan Klayanak

Ashadh Vad Nom

Janma Kalyanak

Chaitra Vad Chaudas

Diksha Kalyanak

Chaitra Vad Pancham

Kevaljnana Kalyanak

Chaitra Sud Trij

Nirvan (Moksha) Kalyanak

Chaitra Vad Ekam

Naming	Kunthu – heap of gemstones
Diksha Palanquin	Vijaya
Place of Diksha	Sahasramara jungle.
Breaking Fast	house of King Vyāghrasiṃha in the town of Cakrapura.
Time as Ascetic	16 Years
Place of Kevaljnana	Sahasramara jungle.
Tree	Tilak Tree
Deshna (First Sermon)	Inner Purity / Mann Shudhi
No of Gandharas	35 – Chief Gandhara – Svayambhu
Yaksha   Yakshi	Gandharva   Bala
Sangh	Monks – 60K Nuns 60600 Led by Bandhuvati or Damini Laymen – 100920 Laywomen – 381000
Place of Moksha	Samet Shikhar
No of Ascetics who attained Moksha with Bhagwan	1000
Lifespan	95000 Years

